

### VC 2018 - Terrasjogging 5km

Pl	Bib	Naam	Afstand	Team	Cat.	Tijd	Ronde 1	Ronde 2
1	248	Gijs HUBRECHTS	5 km	ADD	sen m	0:16:08	0:07:56	0:08:11
2	159	Robert Theunissen	5 km	ATLA	sen m	0:16:47	0:08:09	0:08:37
3	1	Niels Adang	5 km	GS Running team	sen m	0:17:03	0:08:19	0:08:44
4	201	Chris Wouters	5 km	MAES SQM Running Team	M45	0:17:18	0:08:23	0:08:55
5	4	Maarten Appermans	5 km	TTL	sen m	0:17:27	0:08:09	0:09:18
6	216	Tom PARTOENS	5 km	GS RUNNING TEAM	M35	0:17:30	0:17:30	
7	215	Kenny BERTELS	5 km	ADD	sen m	0:17:34	0:08:37	0:08:56
8	231	Raf CLERINX	5 km	ATLA	M35	0:17:42	0:08:36	0:09:06
9	171	Ben Vandebroek	5 km	-	sen m	0:17:52	0:08:35	0:09:16
10	66	Kris Jacobs	5 km		M35	0:17:56		
11	184	Bart Vanoirbeek	5 km	JTTL	sen m	0:18:05	0:08:48	0:09:17
12	229	Bram ROUFFA	5 km	ADD	sen m	0:18:25	0:08:43	0:09:41
13	212	Maxime CAMBRESIER	5 km	-	sen m	0:18:33	0:09:04	0:09:28
14	243	Simon EECKHOUT	5 km	ADD	sen m	0:18:51	0:09:07	0:09:43
15	124	Lode Raskin	5 km	GS Running Team	M45	0:19:03	0:09:14	0:09:49
16	178	Piet Vangeel	5 km	BJC	M45	0:19:11	0:09:18	0:09:52
17	208	Robbe VANDEBOSCH	5 km	ADD	sen m	0:19:12	0:09:29	0:09:43
18	156	Christophe Stevens	5 km	ADD	M35	0:19:13	0:09:11	0:10:01
19	170	Dirk Vandebosch	5 km	-	M45	0:19:22	0:09:29	0:09:53
20	219	Brecht NASSEN	5 km	ADD	sen m	0:19:26	0:09:14	0:10:11
21	220	Michel WOLFS	5 km	GS RUNNING TEAM	M45	0:19:28	0:09:30	0:09:58
22	168	Christophe Van Poucke	5 km	AC Alken	M35	0:19:37	0:09:36	0:10:00
23	93	Bart Machiels	5 km	Den Hoeseler Jogging club	sen m	0:19:39	0:09:46	0:09:52
24	255	Stijn VANDERBEUKEN	5 km	team paluko	M35	0:19:46	0:09:35	0:10:11
25	246	Bert JANSSEN	5 km	ATLA	M35	0:19:48	0:09:39	0:10:08
26	259	Jan LODEWYKX	5 km	-	M35	0:19:53	0:09:40	0:10:13
27	112	Ruud Partoens	5 km	joggingsclub Hoeselt Run	sen m	0:19:54	0:09:47	0:10:07
28	138	Steven Ruyters	5 km	-	M35	0:19:54	0:09:32	0:10:22
29	210	Jurgen RITZEN	5 km	BJC	M45	0:19:57	0:09:50	0:10:06
30	230	Rune BERNKENS	5 km	ADD	sen m	0:20:02	0:09:11	0:10:50
31	191	Patrick Vijnck	5 km	Add	M35	0:20:05	0:09:36	0:10:28
32	25	Carel Claassen	5 km	-	M55	0:20:12	0:09:53	0:10:19
33	213	Victor BOVY	5 km	OUPEYE	sen m	0:20:16	0:09:48	0:10:28
34	55	Ryan Hermans	5 km	-	sen m	0:20:17	0:09:48	0:10:29
35	189	Bert Vertessen	5 km	Vertessen	M35	0:20:27	0:09:50	0:10:36
36	235	Dieter JANS	5 km	-	sen m	0:20:29	0:09:43	0:10:46
37	205	Maxime KNAPEN	5 km	Speelhofrunners	M55	0:20:33	0:09:52	0:10:40
38	79	Mercy jeronon Komen	5 km	Ronforrun	sen V	0:20:34	0:09:49	0:10:44
39	193	Jo Wagemans	5 km	BJC	M55	0:20:53	0:10:30	0:10:22
40	197	David Wiertz	5 km	Bokkenrijders	M35	0:20:56	0:10:22	0:10:34
41	49	Leentje Hellemans	5 km	Hoeselt Run vzw	V35	0:20:58	0:10:07	0:10:51
42	146	Wesley Serrano	5 km	Mergellopers	sen m	0:21:07	0:10:05	0:11:01
43	72	JOHAN JERAL	5 km	-	M45	0:21:38	0:10:27	0:11:10
44	256	Jente BENAETS	5 km	-	sen m	0:21:38	0:10:14	0:11:24
45	119	Jelle Proesmans	5 km	brs	sen m	0:21:39	0:10:25	0:11:14
46	276	Jamie STAS	5 km	-	sen m	0:21:41	0:10:15	0:11:25
47	67	Els Jamaer	5 km	Vertessen	V35	0:21:43	0:10:40	0:11:03

48	58	Robbe Hertogen	5 km	-	sen m	0:21:44	0:10:32	0:11:11
49	154	Kevin Steegen	5 km	-	sen m	0:21:55	0:10:33	0:11:21
50	264	Peter THIJIS	5 km	Sunday Runday	M35	0:22:01	0:10:36	0:11:24
51	262	Johan VISSERS	5 km	Sunday Runday	M35	0:22:01	0:10:36	0:11:24
52	236	Tom VANDIKKELEN	5 km	-	sen m	0:22:18	0:10:29	0:11:49
53	80	Thomas Kossig	5 km	Where@	sen m	0:22:20	0:10:39	0:11:40
54	286	Kevin Beusen	5 km		M35	0:22:21	0:11:10	0:11:10
55	99	Kevin Meurs	5 km	Hoeselt Run	M35	0:22:29	0:10:49	0:11:39
56	214	Joris GEURTS	5 km	-	sen m	0:22:59	0:11:10	0:11:48
57	82	Tom Konanowicz	5 km	-	sen m	0:23:10	0:11:00	0:12:09
58	111	Johan Parmentier	5 km	Fit Happens	M45	0:23:10	0:11:08	0:12:02
59	5	Merel Appermans	5 km	TTL	sen V	0:23:13	0:11:30	0:11:42
60	81	Martin Kossig	5 km	-	M55	0:23:18	0:11:16	0:12:02
61	27	Gert Claesen	5 km	-	M45	0:23:28	0:11:39	0:11:48
62	41	Jo Frisson	5 km	team paluko	M45	0:23:29	0:11:37	0:11:51
63	254	Kevin LOUSBERGH	5 km	-	sen m	0:23:33	0:11:18	0:12:15
64	237	Gust LATHOUWERS	5 km	ATLA	M55	0:23:33	0:11:41	0:11:51
65	283	Liesbeth VANNESTE	5 km	-	Sen V	0:23:38	0:11:38	0:11:59
66	173	Celine Vandenbosch	5 km	ADD Tongeren	sen V	0:23:38	0:11:40	0:11:58
67	271	Niels MERKEN	5 km	-	sen m	0:23:44	0:11:24	0:12:20
68	28	Hanne Claesen	5 km	ADD Tongeren	sen V	0:24:11	0:11:42	0:12:29
69	239	Sander CEUNEN	5 km	Run4Kids	sen m	0:24:26	0:12:17	0:12:08
70	204	Lars Wouters	5 km	MAES SQM Running Team	sen m	0:24:29	0:12:22	0:12:06
71	89	Linda Lenaerts	5 km	ATLA	V35	0:24:29	0:11:58	0:12:31
72	21	Janne Camps	5 km	-	sen V	0:24:39	0:12:18	0:12:20
73	20	David Camps	5 km	-	M35	0:24:39	0:12:18	0:12:20
74	144	Johan Schreurs	5 km	-	M45	0:24:48	0:12:19	0:12:28
75	118	Jos Polders	5 km	ACA	M55	0:24:59	0:12:14	0:12:44
76	22	Noa Camps	5 km	-	sen V	0:25:02	0:12:19	0:12:42
77	277	Tom HOUBRECHTS	5 km	Hoeselt Run	sen m	0:25:06	0:11:39	0:13:27
78	8	Ianthe Bauduin	5 km	BRS RUNNING TEAM	sen V	0:25:07	0:11:39	0:13:28
79	257	Stijn BUDENEERS	5 km	-	M35	0:25:30	0:12:24	0:13:05
80	252	Henri STASSEN	5 km	Run4Kids	M55	0:25:39	0:12:41	0:12:57
81	260	Marc LATHOUWERS	5 km	-	M55	0:25:43	0:12:45	0:12:58
82	85	Eric Lambregs	5 km	Hoeselt Run	M55	0:25:47	0:12:39	0:13:08
83	263	Wendy MEES	5 km	-	Sen V	0:25:50	0:12:28	0:13:21
84	199	Randy Wilms	5 km	-	sen m	0:26:09	0:12:54	0:13:15
85	143	Marianne Schoups	5 km	-	V55	0:26:10	0:12:55	0:13:14
86	43	Gwenda Gielen	5 km	hoeselt run	V45	0:26:20		
87	120	Sonja Proesmans	5 km	Fit Happens	V45	0:26:22	0:12:41	0:13:40
88	161	Josette Thijs	5 km	bjc Bilzen	V55	0:26:27	0:13:25	0:13:02
89	126	Bart Reinders	5 km	-	M35	0:26:31	0:12:51	0:13:39
90	116	Henriette Plevoets	5 km	Bokkerijdersteam	V55	0:26:55	0:13:21	0:13:33
91	188	Georges Vanschoonwinkel	5 km	Bokkerijdersteam	M55	0:26:55	0:13:21	0:13:34
92	165	Shana Valee	5 km	-	sen V	0:27:13	0:13:12	0:14:00
93	272	Carlos GONZALES	5 km	-	M45	0:27:16	0:12:51	0:14:24
94	147	Dilana Slechten	5 km	bjc	sen V	0:27:21	0:12:24	0:14:57
95	69	Stefan Jans	5 km	BJC Bilzen	M45	0:27:23	0:13:39	0:13:44
96	68	Marth Jans	5 km	-	sen V	0:27:23	0:13:40	0:13:43
97	45	Martine Gijsen	5 km	Hoeseler Run	sen V	0:27:28	0:13:12	0:14:16

98	96	Urbain Meers	5 km	Bjc	M55	0:27:28	0:13:40	0:13:48
99	98	VALLY MERKEN	5 km	BJC	M55	0:27:28	0:13:39	0:13:49
100	209	Els HENDRIX	5 km	-	Sen V	0:27:29	0:13:40	0:13:48
101	267	Karel FRANSSEN	5 km	ADD TONGEREN	sen m	0:27:30	0:13:57	0:13:33
102	265	Bruno STEEGEN	5 km	-	M55	0:27:31	0:13:57	0:13:33
103	31	Natascha Dendas	5 km	-	sen V	0:27:41	0:13:21	0:14:19
104	145	Maribeth Schreurs	5 km	-	V35	0:27:59	0:13:14	0:14:44
105	129	Katrien Requilé	5 km	-	V35	0:27:59	0:13:59	0:14:00
106	217	Sandra Ann DEMUYNCK	5 km	-	V45	0:28:08	0:12:53	0:15:14
107	253	Edwin LOUSBERGH	5 km	-	M35	0:28:09	0:13:48	0:14:21
108	169	Charis Vandebosch	5 km	-	sen V	0:28:15	0:13:49	0:14:26
109	90	Jean-Marc Liesens	5 km	-	M35	0:28:16	0:14:22	0:13:53
110	40	Carlo Francescone	5 km	-	M35	0:28:16	0:14:22	0:13:54
111	226	Francis VALLES	5 km	-	M55	0:28:26	0:13:59	0:14:27
112	105	Guy Neven	5 km	Neven	M55	0:28:41	0:13:50	0:14:50
113	151	Linda Smets	5 km	BRS RUNNING TEAM	V45	0:29:03	0:14:00	0:15:03
114	266	Julie STEEGEN	5 km	-	Sen V	0:29:08	0:14:29	0:14:38
115	261	Erik STEGEN	5 km	-	M45	0:29:10	0:13:54	0:15:16
116	128	Warre Reinders	5 km	-	sen m	0:29:11	0:14:28	0:14:42
117	273	An SOMERS	5 km	-	V35	0:29:21	0:14:35	0:14:46
118	186	Ann Vanosmael	5 km	Fit Happens	V55	0:29:27	0:14:29	0:14:58
119	203	Hannelore Wouters	5 km	Where@	sen V	0:29:29	0:14:12	0:15:16
120	177	Kitty Vanderstraeten	5 km	samen met hond Jarco	V35	0:29:29	0:14:27	0:15:02
121	500	Marianne Schoups	5 km	-	V55	0:29:30	0:13:52	0:15:38
122	206	Milo Thijs	5 km	ATLA	sen m	0:29:40	0:14:51	0:14:48
123	163	Mieke Thys	5 km	-	sen V	0:29:42	0:14:52	0:14:50
124	35	Victor Diliën	5 km	geen	M55	0:29:49	0:14:22	0:15:27
125	227	Kiara SCHOLLEN	5 km	-	Sen V	0:29:54	0:14:44	0:15:09
126	107	Laetitia Nisolle	5 km	-	V35	0:29:54	0:14:38	0:15:15
127	33	Febe Devisch	5 km	-	sen V	0:29:57	0:14:41	0:15:16
128	234	Natalie VANDERCAPELLEN	5 km	-	M35	0:30:00	0:14:49	0:15:11
129	275	Jurgen SCHIEPERS	5 km	-	M35	0:30:04	0:14:35	0:15:29
130	148	Kjelle Slechten	5 km	bjc	sen m	0:30:07	0:14:36	0:15:30
131	270	Victor RITZEN	5 km	-	sen m	0:30:10	0:14:38	0:15:32
132	127	Lonne Reinders	5 km	-	sen V	0:30:15	0:14:27	0:15:47
133	238	Séna CEUNEN	5 km	Run4Kids	Sen V	0:30:52	0:14:54	0:15:58
134	12	Hilde Biesmans	5 km	-	V35	0:30:53	0:14:53	0:15:59
135	249	Sandra JANSSEN	5 km	-	V45	0:31:00	0:14:30	0:16:29
136	223	Melanie SCHILPEROORD	5 km	Hoeselt Run	V35	0:31:24	0:15:04	0:16:19
137	233	Erik VANDEBEEK	5 km	Hoeselt Run	M45	0:31:29	0:15:22	0:16:07
138	39	Lucy Flores	5 km	-	V45	0:31:36	0:15:18	0:16:17
139	211	Dirk VUERSTAEK	5 km	-	M55	0:31:36	0:15:04	0:16:32
140	157	lieve Stryckers	5 km	aca alken	V45	0:31:55	0:15:30	0:16:24
141	95	Relinda Maesen	5 km	-	V55	0:32:36	0:15:49	0:16:46
142	130	Petra Reynaerts	5 km	-	V45	0:32:37	0:15:27	0:17:10
143	30	Anne-Marie De Troch	5 km	-	V45	0:33:24	0:15:29	0:17:55
144	53	Patrick Hermans	5 km	-	sen m	0:33:41	0:15:23	0:18:17
145	224	Senne WIJNEN	5 km	Hoeselt Run	sen m	0:33:41	0:15:37	0:18:03
146	245	Bart BREPOELS	5 km	BJC	M45	0:33:42	0:15:33	0:18:09
147	279	Julie VANGEEL	5 km	-	Sen V	0:33:45	0:16:35	0:17:09

148	228	Hanne ROUFFA	5 km	-	Sen V	0:34:44	0:15:39	0:19:05
149	133	Caroline Roosen	5 km	-	sen V	0:34:49	0:16:31	0:18:17
150	101	Cindy Meysmans	5 km	Fit happens	V35	0:34:49	0:16:31	0:18:18
151	222	Sylvia NOLMANS	5 km	-	Sen V	0:35:56	0:17:44	0:18:12
152	13	Sonja Bongaers	5 km	-	V45	0:36:52	0:17:57	0:18:55
153	73	Karolien Jermei	5 km	Geen	V45	0:43:33	0:22:01	0:21:31
154	131	Patrick Robbens	5 km	-	M45	0:43:34	0:22:02	0:21:31
	182	Lars Vanlessen	5 km	ADD	sen m	DNF	0:12:14	
	84	Vincent Kwanten	5 km	-	sen m	DNF		
	11	Peter Bex	5 km	De olijfplanters	sen m	DNS		
	48	Isabelle Haesen	5 km	ACA Alken	V35	DNS		
	62	Ellen Houben	5 km	-	sen V	DNS		
	94	Rony Maes	5 km	-	M55	DNS		
	106	Soren Nijsten	5 km	-	sen m	DNS		
	110	Steven Oosterbosch	5 km	de olijfplanters	sen m	DNS		
	113	Johny Peeters	5 km	Jigo runners	M45	DNS		
	149	Jonas Slegers	5 km	De Olijfplanters	sen m	DNS		
	162	Mieke Thijs	5 km	Lambrechts-Nicolaers	sen V	DNS		
	183	Liesbeth Vanneste	5 km	-	sen V	DNS		
	190	Kjelle Vertessen	5 km	Vertessen	sen m	DNS		
	200	Kurt Wilms	5 km	-	M45	DNS		