

| PI | SN | Naam | Afstand | Vereniging | Categorie | Finish |
|----|-----|-------------------------|---------|------------|-----------|----------|
| 1 | 37 | Raf Clerinx | 5km | - | M35 | 00:17:08 |
| 2 | 131 | Bram Eeckhout | 5km | - | sen m | 00:17:17 |
| 3 | 75 | Niels Adang | 5km | - | sen m | 00:17:22 |
| 4 | 30 | Guy Maas | 5km | - | sen m | 00:17:24 |
| 5 | 77 | Arne Jacobs | 5km | - | sen m | 00:17:39 |
| 6 | 68 | Kevin Beusen | 5km | - | sen m | 00:17:39 |
| 7 | 153 | Luc Nassen | 5km | - | M45 | 00:17:42 |
| 8 | 149 | Johan Degraeuwe | 5km | - | sen m | 00:17:49 |
| 9 | 50 | Dominique Van den Brink | 5km | - | sen m | 00:18:07 |
| 10 | 33 | Wouter Jacobs | 5km | - | sen m | 00:18:17 |
| 11 | 132 | Michiel Thijs | 5km | - | sen m | 00:18:39 |
| 12 | 113 | Roeland Jans | 5km | - | sen m | 00:18:40 |
| 13 | 39 | Jonas Slegers | 5km | - | sen m | 00:18:57 |
| 14 | 156 | Kevin Vanbrabant | 5km | - | M35 | 00:19:08 |
| 15 | 36 | Patrick Nys | 5km | - | M55 | 00:19:21 |
| 16 | 104 | Philippe Andrien | 5km | - | sen m | 00:19:23 |
| 17 | 64 | Ryan Hermans | 5km | - | sen m | 00:19:26 |
| 18 | 31 | Jan Vermeulen | 5km | - | M35 | 00:19:43 |
| 19 | 40 | Berre Timmerman | 5km | - | sen m | 00:20:36 |
| 20 | 100 | Bram Rouffa | 5km | - | sen m | 00:20:38 |
| 21 | 12 | Roel Bammens | 5km | - | sen m | 00:20:50 |
| 22 | 24 | Johan Frisson | 5km | - | M45 | 00:20:53 |
| 23 | 46 | dominic jackers | 5km | - | M45 | 00:21:00 |
| 24 | 29 | Maxim Vandenbosch | 5km | - | sen m | 00:21:09 |
| 25 | 135 | Renaat Ernest | 5km | - | sen m | 00:21:16 |
| 26 | 13 | Sander Tilkin | 5km | - | sen m | 00:21:26 |
| 27 | 43 | Anneleen Goffin | 5km | - | sen v | 00:21:30 |
| 28 | 107 | Geert Reyskens | 5km | - | M45 | 00:21:39 |
| 29 | 55 | Paulien Poisquet | 5km | - | sen v | 00:22:13 |
| 30 | 70 | Raph Zomers | 5km | - | M45 | 00:22:16 |
| 31 | 18 | Sven Tack | 5km | - | M35 | 00:22:17 |
| 32 | 34 | Karolien Vanhove | 5km | - | V35 | 00:22:17 |
| 33 | 48 | Bart Vaesen | 5km | - | M45 | 00:22:25 |
| 34 | 51 | Wesley Serrano | 5km | - | sen m | 00:22:32 |
| 35 | 20 | Cilissen Dirk | 5km | - | M35 | 00:22:46 |
| 36 | 66 | Francis Smets | 5km | - | M45 | 00:22:50 |
| 37 | 65 | Kevin Steegen | 5km | - | sen m | 00:22:54 |
| 38 | 103 | Birger Brans | 5km | - | sen m | 00:23:09 |
| 39 | 25 | Raymond Pirotte | 5km | - | M55 | 00:23:12 |
| 40 | 151 | Gert Claesen | 5km | - | M45 | 00:23:20 |
| 41 | 143 | Ilse Engelen | 5km | - | V35 | 00:23:21 |
| 42 | 138 | Marij Hubrechts | 5km | - | V55 | 00:23:35 |
| 43 | 82 | Peter Swennen | 5km | - | sen m | 00:23:42 |
| 44 | 76 | Hanne Claesen | 5km | - | sen v | 00:23:45 |
| 45 | 102 | Robbie Steylaerts | 5km | - | M35 | 00:23:48 |
| 46 | 67 | Marcia Reynders | 5km | - | sen v | 00:24:04 |
| 47 | 16 | stijn Van Impe | 5km | - | M35 | 00:24:23 |
| 48 | 38 | Steven Oosterbosch | 5km | - | sen m | 00:24:23 |
| 49 | 7 | willy hertogen | 5km | - | M55 | 00:24:36 |
| 50 | 17 | Margaux Van Impe | 5km | - | sen v | 00:24:46 |
| 51 | 133 | Rudi Gregerre | 5km | - | M45 | 00:24:48 |

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|-----|-----|----------------------|-----|---|-------|----------|
| 52 | 108 | Jos Thoonen | 5km | - | M55 | 00:24:51 |
| 53 | 147 | Alain Kinet | 5km | - | M45 | 00:24:56 |
| 54 | 155 | Xander Jacobs | 5km | - | sen m | 00:25:03 |
| 55 | 54 | Jean-marc Liesens | 5km | - | M35 | 00:25:12 |
| 56 | 74 | Ianthe Bauduin | 5km | - | sen v | 00:25:21 |
| 57 | 26 | Eva Kenis | 5km | - | V35 | 00:25:37 |
| 58 | 35 | Rony Maes | 5km | - | M55 | 00:26:28 |
| 59 | 110 | Richard Dols | 5km | - | M35 | 00:26:55 |
| 60 | 11 | Brecht Peeters | 5km | - | sen m | 00:27:04 |
| 61 | 10 | jente vijnck | 5km | - | sen m | 00:27:04 |
| 62 | 15 | bram Hertogen | 5km | - | sen m | 00:27:05 |
| 63 | 136 | Charlotte Gijzen | 5km | - | sen v | 00:27:29 |
| 64 | 19 | Loiret Castanon | 5km | - | sen v | 00:27:37 |
| 65 | 28 | Celine Vandenbosch | 5km | - | sen v | 00:27:48 |
| 66 | 63 | Edwin Lousbergh | 5km | - | M35 | 00:27:49 |
| 67 | 148 | Pedro Neven | 5km | - | M55 | 00:27:49 |
| 68 | 71 | Kathleen Decuyper | 5km | - | V35 | 00:27:51 |
| 69 | 27 | Kenny Meesters | 5km | - | sen m | 00:27:51 |
| 70 | 87 | Gilles Nijssen | 5km | - | sen m | 00:27:52 |
| 71 | 23 | Myriam Vermeulen | 5km | - | V45 | 00:27:57 |
| 72 | 69 | Elke Hubrechts | 5km | - | sen v | 00:27:59 |
| 73 | 150 | Marc Hensels | 5km | - | M55 | 00:28:08 |
| 74 | 129 | Carine Monard | 5km | - | V45 | 00:28:19 |
| 75 | 114 | Elke Muermans | 5km | - | V35 | 00:28:34 |
| 76 | 5 | jenny hensen | 5km | - | V45 | 00:28:36 |
| 77 | 42 | Wendy Simons | 5km | - | V35 | 00:28:39 |
| 78 | 57 | Hilde Biesmans | 5km | - | V35 | 00:28:39 |
| 79 | 21 | Sandra Cuppone | 5km | - | V35 | 00:28:45 |
| 80 | 22 | Jan Loddewyckx | 5km | - | M35 | 00:28:45 |
| 81 | 61 | Maribeth Schreurs | 5km | - | sen v | 00:28:52 |
| 82 | 137 | Nadia Brien | 5km | - | V35 | 00:28:56 |
| 83 | 78 | Geert Massa | 5km | - | sen m | 00:29:15 |
| 84 | 106 | Siebe Hensels | 5km | - | sen m | 00:29:26 |
| 85 | 83 | Wouter Petitjean | 5km | - | sen m | 00:29:28 |
| 86 | 41 | Johny Peeters | 5km | - | M45 | 00:29:34 |
| 87 | 6 | dominique cancellier | 5km | - | M45 | 00:29:34 |
| 88 | 219 | Nele Scheepers | 5km | - | sen v | 00:29:36 |
| 89 | 139 | Victor Diliën | 5km | - | M55 | 00:29:47 |
| 90 | 125 | Marianne Schoups | 5km | - | V55 | 00:29:52 |
| 91 | 56 | Irene Schillings | 5km | - | V55 | 00:30:01 |
| 92 | 109 | Bernadette Gerits | 5km | - | V55 | 00:30:14 |
| 93 | 111 | Silke Gregoire | 5km | - | sen v | 00:30:15 |
| 94 | 154 | Greet Gonnissen | 5km | - | sen v | 00:30:17 |
| 95 | 112 | Sofie Holtappels | 5km | - | sen v | 00:30:19 |
| 96 | 60 | Ben Thijs | 5km | - | sen m | 00:30:22 |
| 97 | 3 | Lien Thijs | 5km | - | sen v | 00:30:25 |
| 98 | 4 | Marieta Nelissen | 5km | - | V55 | 00:30:30 |
| 99 | 79 | Peter Bardoul | 5km | - | M45 | 00:30:45 |
| 100 | 105 | Patrick Hermans | 5km | - | sen m | 00:30:55 |
| 101 | 126 | Greetje Wijckmans | 5km | - | V45 | 00:31:03 |
| 102 | 127 | Linda Bringmans | 5km | - | V45 | 00:31:03 |
| 103 | 130 | Nadine Maes | 5km | - | V55 | 00:31:41 |

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|-----|-----|--------------------|-----|---|-------|----------|
| 104 | 140 | Nele Moors | 5km | - | V55 | 00:31:49 |
| 105 | 146 | Anette Cummings | 5km | - | V45 | 00:32:22 |
| 106 | 142 | Volkers Kim | 5km | - | V35 | 00:32:44 |
| 107 | 80 | Tessa Fox | 5km | - | sen v | 00:32:48 |
| 108 | 62 | Youri Van Eecke | 5km | - | sen m | 00:32:57 |
| 109 | 58 | Relinda Maesen | 5km | - | V55 | 00:34:01 |
| 110 | 47 | Marion Wenders | 5km | - | V55 | 00:34:13 |
| 111 | 44 | Patricia Meers | 5km | - | V35 | 00:35:45 |
| 112 | 45 | Leen Hensen | 5km | - | V35 | 00:35:45 |
| 113 | 8 | Annemie Bormans | 5km | - | sen v | 00:38:03 |
| 114 | 9 | Caroline Roosen | 5km | - | sen v | 00:38:03 |
| 111 | 14 | Maxim Hertogen | 5km | - | sen m | DNF |
| 112 | 32 | Tessa Maar-Fox | 5km | - | sen v | DNS |
| 115 | 49 | Sebastian Vaesen | 5km | - | sen m | DNS |
| 116 | 52 | Stijn Vanderbeuken | 5km | - | M35 | DNS |
| 117 | 53 | Laetitia Nisolle | 5km | - | sen v | DNS |
| 118 | 59 | Eri Schoubben | 5km | - | sen m | DNS |
| 119 | 72 | Raf Bauduin | 5km | - | M45 | DNS |
| 120 | 73 | Linda Smets | 5km | - | V45 | DNS |